



Blue Yonder Urban Farms

<http://blueyonderurbanfarms.com>

How To Make The Ultimate Sugar & Salt Scrub

THE RECIPE

Ingredients:

- 1 - 8oz jar salt
- 1 - 8oz jar sugar
- 6 tbsp. coconut oil
- 3/4 cup shaving cream
- 2.5 tbsp. liquid soap

Additional Items:

Alcohol & Paper Towels

Equipment:

- Stand or hand mixer
- Measuring spoons
- Container for scrub
- Spatula
- Spoon

Instructions:

1. Use the 8oz jar to measure salt & sugar put in mixing bowl.
2. Measure coconut oil, into salt and sugar, add slowly with mixer running mix in well.
3. Measure shaving cream 1/4 cup at a time into mixing bowl with mixer running mix in well.
4. Measure and slowly add liquid soap one tbsp. at a time to mixing bowl, with mixer running mix in well.
5. Fill your jar & Enjoy!