



Blue Yonder Urban Farms

<http://blueyonderurbanfarms.com>

The Ultimate Natural & Effective Deodorant

THE RECIPE

Ingredients:

- 2 tbsp. Milk of Magnesia
- 2 tbsp. Aloe Vera Juice
- 1 tsp. Zinc Oxide
- 1 tsp. Arrow Root Powder

Additional Items:

Small canning jar or 2 roller ball bottles

Equipment:

- Measuring cup
- Measuring spoons

Instructions:

1. Measure ingredients and mix well.
2. Fill roller bottle or store in a small canning jar.
3. Apply to underarms and allow to dry, use as needed.

Makes 2 ozs. enough for 2 one oz. roller ball bottles.