



# Blue Yonder Urban Farms

<http://blueyonderurbanfarms.com>

## The Ultimate Shaving Cream

### THE RECIPE

#### Ingredients:

- 3/4 cup Coconut Castile Liquid Soap Base or 1 cup Dr. Bronners
- 1-1/2 cup Distilled Water
- 3/4 cup baking Soda

#### Additional Items:

- Paper towels or clean washcloth & towel

#### Safety Equipment:

- Goggles

#### Equipment:

- Large stainless steel cooking pot
- Measuring cup or cups
- Immersion blender
- Quart canning jar
- Spatula
- Spoon

#### Instructions:

1. Measure all the ingredients, and add them to the pot, stir well and put the pot on the stove
2. Cook until bubbles reach the top of the pot or they stop growing.
3. Remove the pot from heat and let it cool.
4. When it has cooled and the bubbles are gone, stir the batter well incorporating all the liquids.
5. Place pot back on the stove and cook a second time.
6. It will not rise as much as the first time when it stops growing remove pot from the stove stir and set aside to cool.
7. When cool stir the batter but do not scrape the sides down, I think scraping the sides makes the cream more scratchy.
8. Scrape the batter off the inside bottom of the pot and fill the canning jar, one batch should fit in the jar.
9. With the immersion blender inside the canning jar, blend in up and down strokes until batter is fully whipped. When done It will have the consistency of Shaving Cream... Enjoy!