



Blue Yonder Urban Farms

<http://blueyonderurbanfarms.com>

Coconut & Aloe Vera Lotion

THE RECIPE

Ingredients:

- 1/2 cup Organic Virgin Coconut Oil
- 16 tbsp. Aloe Vera Gel Whole Leaf Concentrate

Instructions:

1. Melt Coconut Oil over, double boiler, cool slightly.
2. Add Aloe Vera Gel and Whip.
3. Whip till high peaks form.
4. Fill the pint canning jar cover and refrigerate.

Because there are no preservatives you will need to keep your Coconut & Aloe Lotion refrigerated or it will grow mold.

I love this all natural lotion, and hope you will too! Enjoy!